

Information Folder







Please book your activities at our tour desk before dinner 6:30PM the previous evening.

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WELCOME TO BLACK ROCK LODGE!

Oh behalf of the entire Black Rock Lodge Family, we extend our warmest welcome and are delighted to be able to share the unique Black Rock experience with you.

The Lodge's 40+ team members are dedicated to making your stay truly enjoyable - with memorable adventures, captivating environmental interpretation, relaxing accommodations, tasty home-cooked meals, and delightful conversations. Please do not hesitate to let our managers on duty know if there is anything we can do to make your stay even better.

In addition to our BRL personal service, Black Rock is committed to offering a genuinely sustainable experience for our guests - we invite you to take our "Sustainability Tour" which highlights the Lodge's practices in clean, alternative energy production and conservation, water treatment, composting and organics, and green operational efforts.

The BRL restaurant serves breakfast, lunch, and dinner with fresh, local ingredients sourced either from Black Rock's garden or from the San Ignacio Farmer's Market. If you have any special dietary requests, our talented chefs will be sure to accommodate your needs. Coffee and breakfast service is available each morning beginning at 6.00 am, and the restaurant/bar remains open until the last guest heads off to bed. Dinner is served at 6:00 pm, however if you wish to enjoy a special, private dinner please let us know and we will be happy to arrange it for you. We are also happy to accommodate families with small children if you wish to have dinner at 5pm.

We encourage you to take advantage of Black Rock's incredible location, 240+ acres adjacent to the Elijio Panti National Park along the Macal River. Whether you choose to explore the river by canoeing, kayaking, tubing, or swimming; or whether you choose to hike along our 25+ miles of trails (of all levels) - experiencing the diversity of our broadleaf rainforest surroundings is a delight. In addition, the BRL Night Hike is great introduction to the insect, arachnid, and amphibian residents of the forest.

We also hope to share Black Rock's birds with you! The abundant Neotropical migrant and resident species in our area are not to be missed. We offer early morning bird walks along with custom birding tours, and the Lodge's guides are eager to share their expert knowledge with you.

Not to be missed are the incredible cultural and archaeological wonders of the area. Mayan ruins, ancient caves, and local traditions (such as chocolate making) are waiting for you and our tour desk will be happy to provide information in order to help you plan your day of adventure.

Complimentary amenities include river tubes, helmets, and life-preservers for tubing down the Macal River, and self-guided hiking on the multiple trails around the BRL property. Please visit the Lodge tour desk to sign out tubes/helmets/life-preservers, or to get a trail map before you set off.

Wireless access is available in the restaurant/lower deck area and outlets are provided for device charging on the lower deck beneath the restaurant.

With our spectacular setting, our friendly and dedicated staff, tasty meals prepared with care, and a variety of exciting adventures to choose from, we hope your stay here at Black Rock will be a memorable one.

We thank you for choosing Black Rock Lodge for your Belize nature experience!

Cameron & Kelley Boyd

QUICK FACTS

CHECK OUT Check out time is 11.00AM. Please speak to the office if you should require a later

check-out time. We accept US and BZE Dollars, VISA, Master Card. Regrettably we

do not accept American Express or Discovery.

DIETARY RESTRICTIONS Our kitchen crew makes it happen! Please let us know ahead of time if you prefer a

vegetarian or vegan option for dinner or if you have any specific food allergies or

dietary needs.

EARLY DEPARTURE In case of early morning departures (before 7AM), we are happy to settle your bill

the evening before. If you require an earlier breakfast, please let us know. We can prepare packed breakfasts to go. Please advise the office of your orders at dinner

the night before. We will also have staff on hand to assist with your luggage.

INTERNET Wireless internet is freely available for guests in the restaurant and lower deck

area. No password is required. Our wireless system is not designed for downloading any kind of data, such as pictures, movies, music etc.

LAUNDRY We do offer a laundry service to guests. Please enquire at the office.

OFFICE HOURS Our office crew is here to assist you every day from **6.00AM to 9.00PM**.

PHONE CALLS Feel welcome to use our office phone for urgent phone calls. Should someone back

home need to reach you, the contact number here at the resort is: 00-501 672-

4952. We would be happy to get a message to you.

Local calls: USD 1.00 per minute

International calls: USD 2.00 per minute

RESTAURANT / BAR Our Restaurant welcomes you all day for a cold beer, a fresh squeezed juice or a

tropical drink! Coffee is ready at 6.15am. *Please let us know if you will not be

joining us for dinner by 12.00 noon.

Breakfast a la carte 6:00AM Lunch a la carte 12:00PM Dinner (Set Menu) 6:00PM

Our kitchen can also make packed breakfast, packed lunches and for a special occasion let us do a special romantic dinner setting. Please speak to the office or one of the managers on duty. We are also happy to accommodate families with

small children for dinner at 5pm.

ROOM KEYS

We are happy to hold your room key in our office, while you are enjoying activities. **Please turn in your room key to the office when you check out**. A handling fee of USD \$20.00 will be charged to the credit card on file for lost or misplaced keys.

SAFES

We provide room safes with a key for your use. It is on your room keyring. As with room keys, a fee will be charged for safe keys lost/ not returned.

SECURITY

We have night time watchman on duty from 6:00PM to 5:30PM. The two-way radio situated on the tour desk in the restaurant is available to guests at night. If you have any concerns or problems, please use it and either the security or one of the managers on duty will respond immediately. To use, simply push the button on the left to talk. Please relay your cabin number and briefly describe your requirements.

TIPS

10% Service charge on meals and drinks will be included in your final bill. The collected amount will be divided between the restaurant, kitchen, housekeeping, maintenance, and garden and farm staff. **Tour guides are not included**. If you feel that anyone has gone out of their way to ensure your happiness, you are welcome to tip them directly or add something to our general tip box which is located in the gift shop/office. Gratuity envelopes are provided. You may also prefer to add a gratuity to your final bill and put the charge through on your credit card.

TOWELS

We invite you to be part of our efforts in environmental friendly management of the lodge. If you would like to get your towels changed kindly deposit them **in the towel basket** in your bathroom.

Swimming towels for the pool and river are available at the tour desk

WILDLIFE

Nature is our host and we feel privileged to be invited as a guest! Please treat all native wildlife with respect. Should you need our assistance to remove a visitor from your cabin, please stop by the office and we will be happy to do so. We highly recommend our night hike to help our guests learn more about the wonderful little creatures that are our neighbors!

WATER

Our tap water is fine for showering and brushing teeth but not for drinking. Please use the purified filtered water-cooler provided in the restaurant to re-fill water bottles.

CONSERVATION

ELECTRICITY

Black Rock Lodge is off-the-grid, meaning we do not purchase electricity from the local electrical utility. Since 1989, Black Rock Lodge has been producing electricity with clean energy, either with solar panels or a combination of solar panels and a micro-hydro system. It is a pleasure and a privilege to be able to operate all of Black Rock Lodge with electricity generated by non-polluting, renewable resources.

For the first decade of Black Rock's operation, electricity was exclusively generated by an array of solar panels. The system was small, and electricity use at the lodge was very limited.

In April of 1999, a hydropower system was completed to compliment the electricity generated by solar power. This hydroelectricity works by capturing water from a natural spring located approximately 600 feet above the lodge. Some of the spring water is piped down the mountain, gathering pressure due to gravitational forces, and then the water spins a small turbine which converts this water pressure into electricity.

Electricity from both the solar and hydro sources is stored in a large battery bank at 24 volts, and that power is inverted to 120 volts AC and sent to our cabins and buildings. The power created by our alternative energy system is the same as that used in any American home. Although this system is extremely effective, we still must conserve power as it is in limited supply.

Please help us conserve power by not using power hungry appliances such as hairdryers or electric shavers and by remembering to turn off your fans and lights before leaving your cabin. Thank you.

WATER

Black Rock's fresh mountain spring water is absolutely safe to drink, brush teeth and shower. At the same time, it is the main source with which we produce electricity.

Please feel free to top up at the cooler in the bar area as often as you like. Be sure to take water with you on your activities and hikes. If you do not have a water bottle our bar will be happy to provide a 1 L bottle at US\$1.00 and a bag of Ice for US \$2.00 plus tax.

COMPOSTING

Compost is the key to our organic agriculture as it provides our chemical and fossil-fuel free fertilizer. In order to create our compost, we make alternating layers of leaves (raked from around the lodge), vegetable waste (from the kitchen), manure from our goats and chickens and rice husks. Approximately every two weeks, we turn the com- post heap. After about 6 to 8 weeks, when everything has broken down into a semi-uniform black soil, it is used to fertilize our plants and trees. The plants love it and, of course, there's the added benefit of home grown organically produced fruits for our guests and staff.

ORGANIC FARMING

Hundreds of fruit trees and many exotic tropical hardwood trees exist on the grounds of the Lodge. We have over 100 Banana and Plantain trees, several varieties of Mango trees, an orchard of Orange and Lime trees, a grove of Coco- nut Palms, as well as Tamarind trees, Chico Sapote trees, Breadfruit trees, Jackfruit trees, Passion Fruit trees, Avocado trees, Jaboticaba trees, Barba- dos Cherry trees, and Papaya trees. In addition, we also cultivate a small coffee plantation, and harvest from our Gooseberry bushes and Pineapple plants.

Our cacao trees are about 2 years old now and are starting to show signs of production in a year or two.







Please visit our organic farm and meet our friendly farmers who would love to show off their labor of love.

COMMUNITY RELATIONSHIPS

Black Rock Lodge is proud to be involved with and support the following organizations as part of our community outreach program:

Belize Audubon Society – The BAS is dedicated to achieving and maintaining a balance between people and the environment working to fulfill their mission through environmental education, advocacy, community development, research, and biodiversity conservation. We are avid supporters of the organization's efforts.

CET (College for Education and Training) - Black Rock provides internships to Belizean high school students interested in tourism related careers.

Cornerstone Foundation - Cornerstone Foundation focuses heavily on solving key issues that greatly impact our local community of San Ignacio and Santa Elena. Their goal is to improve the lives and support the rights of children and adults through empowerment and support. We support them by providing basic foodstuffs on a monthly regular basis and donate all items from the lodge which become unnecessary or obsolete over time.

Police Stations and Tourism Police of San Ignacio and Benque Viejo – We are pleased to host the police on a regular basis during their patrol drills in the area. We provide meals, accommodations, sponsorships, financial assistance and fuel and any items they may require such as flashlights, radios etc.

Cayo Tour Guide Association – Black Rock supports our local tour guides with funds for special projects and donations to the Association's yearly raffle

Remar International - An international organization providing assistance to homeless persons or those with drug addictions, Black Rock is a proud sponsor of the organization's efforts to aid and assist Belizeans in need of help.

www.remar.org

World Pediatrics Project - The WPP's mission is to improve the quality of healthcare for all children regardless of their social, ethnic, or religious background or status. Each child is placed in a US host hospital with donated doctors' services. www.worldpediatricproject.org

Macal River and Neighborhood Clean Up Together with the other lodges in the area, Black Rock provides manpower to help clean up the debris and trash that accumulates in the river and along the riverbanks and we also partake in roadside clean-ups every year.

Other project, NGO's and organizations supported by our lodge - Peregrine Foundation; Belize Bird Rescue; Belize Raptor Research; BEE; Cayo Animal Welfare Society (CAWS), Cubola School Book Project Belize Cancer Society; Belize Wildlife Clinic, Pact for a Purpose

TOUR INFORMATION

There is a world of wonderful and magical experiences waiting to be discovered in this beautiful part of Belize. Whatever your interests are, we have the perfect trip for you and we can offer activities at various levels of intensity and challenge to suit everyone. Our guides are some of the best that Belize has to offer and they are excited to share their knowledge with you.

Careful planning is the key to participating in activities and excursions at Black Rock unforgettable experiences for our guests!

Our very efficient and knowledgeable tour desk staff are ready to assist you with any questions you may have on transfers or tours and they will help you plan your days of adventure

To provide you with our best services, we request your tour and activity bookings during dinner for tours leaving the following day.

ONSITE ACTIVITIES

Please book your activities by 6.30PM the previous evening. Children must always be accompanied by an adult/guardian.

GUIDED CANOEING or KAYAKING

Beginning just downriver from the Lodge, this guided trip meanders along 5 miles of the Macal River through moderate rapids and verdant rainforest. Our eagle eyed naturalist guides will point out many species of wildlife that live in and along the river. You often see large green female Iguanas and even bigger orange male iguanas, or "Garobos", as well as Wood Rails, Toucans, King Fishers, and Hummingbirds. Our guides also take care of the paddling, if you wish to take a more leisurely trip downriver.

Option 1: Dock at Sweet Songs Lodge and visit the Belize Botanical Gardens. Enjoy a laid back lunch on their lovely boardwalk overlooking the jungle canopy. <u>See Price</u>

Option 2: Canoe or kayak all the way to San Ignacio—5/6 hour trip. Water levels depending. See Price

Minimum: 2 Persons

Age limit: 8 years and above

What to wear/bring: Shorts, t-shirt, sandals, hat, sunglasses, sunscreen, repellent, water, NO valuables, US\$ or BZ\$ for entry tickets, lunch or drinks at Sweet Songs Lodge.

Not included: lunch, entry fees



RIVER TUBING - COMPLIMENTARY FOR IN-HOUSE GUESTS

Discover the beauty of the Macal River and the surrounding rainforest while relaxing in a tube as the scenery floats by. Starting a mile up from the Lodge, guests float through cascades and deep pools along the way back to the lodge. Guests can also opt to have a guide accompany you if you wish, at a small extra charge.

Minimum: 2 persons

Age limit: Without Black Rock Waterfall: 8 years and above with Black Rock

Waterfall: 12 years and above

What to wear/bring: Shorts, t-shirt, sandals, hat with strap, sunglasses with strap,

sunscreen, repellent, and NO valuables

See Price

GUIDED NIGHT HIKE

Many of Belize's animals are nocturnal. Although there can be no guarantee that certain wildlife will appear for each hike, typically guests see spiders such as tarantulas, frogs, bat, snakes, owls, other nocturnal birds, and occasionally small mammals such as kinkajous or agouti's.











GUIDED NIGHT DRIVE

Go for a night time drive after dinner to spot our nocturnal guests. Be prepared to possibly see owls, the Northern Potoo, foxes, or even a well-camouflaged wild cat! Sightings of wild –life obviously can- not be guaranteed.

Minimum: 2 person Age limit: None

What to wear/bring: Repellent, Bug Repellent, Headlights, and NO valuables

See Price





GUIDED EARLY MORNING BIRDING

Black Rock's incredible location on the banks of the Macal River, lends itself to witnessing scores of beautiful tropical birds. During the winter months the population doubles as migratory birds fly south from Canada and the U.S. See Hummingbirds, three species of Toucans, Parrots, the Orange Breasted Falcon, the Solitary Eagle, and Ornate Hawk Eagle, Lineated and Pale-bill Woodpeckers, four species of Trogons, White Hawks, King Vultures, and Flycatchers....the list goes on. We have currently recorded 320 different species. Check out our Bird Tower which boasts a panoramic view of the area and the chance to spot these different birds.



Minimum: 2 persons Age Limit: none

What to wear/bring: Shorts, t-shirt, sandals, binoculars, and repellent.

See Price

GUIDED HIKING

Hike through the rainforest on miles of marked trails leaving from Black Rock Lodge to various destinations such as Flour Camp Cave, Key Hole Cave, and the Mountain Summit with the Vista Loop and Vaca Falls. Black Rock guides will be sure to point out interesting flora and fauna along the way.

See Price

E P GUIDED HIKE

Your guide will take you across the Macal River in a canoe and you will do a gradual hike on the zig-zag trail through the magnificent Elijio Panti Nature Reserve. You will learn about the medicinal plants, birds, insects and other creatures that inhabit this beautiful reserve. Stop to catch your breath at the EP summit and enjoy the spectacular vista of the Macal Valley that surrounds Black Rock Lodge. Highly recommended. This is a half-day hike.



Minimum: 2 persons Age limit: none

What to wear: shorts, t-shirt, hiking shoes, hat, sunglasses, sunscreen, bug repellent, water, snacks if you have, no valuables

EXCURSIONS

Please book your activities by 6.30pm the previous evening. Children must always be accompanied by an adult guardian.

ARCHEOLIGICAL MAYA SITES

CARACOL

Mayan Ruin | moderate - challenging

Journey through mountains and pine forest, across the Guacamallo (gua-ka-maa-yo) River and into dense jungle. Caracol is the largest Mayan ruin in Belize and believed to be one of the largest in Central America. Discovered in the 1930's by a log hunter, it was not explored until the 1950's when Linton Satherwaite of the University of Penn-sylvania began to uncover its splendor. Due to difficult accessibility, excavations were delayed until 1985, when Drs. Arlen and Diane Chase of Central Florida University took on the challenging task. At over 145 feet high, Caana (sky palace) towers above the rainforest. Caracol is famous for conquering the megalopolis Tikal when Tikal was at its peak. After exploring the main area of Caracol, drive to Rio Frio, Rio On or Big Rock Falls and take a refreshing dip.

Tour departs: 7am, full day tour Drive time: 2.5 hours each way **What to wear/bring:** Shorts, t-shirt, hiking shoes or good sandals, hat, swim suit, beach towel, sunglasses, sunscreen, repellent, US or BZ dollars for petty cash. Not included: Entry fees & Lunch **See Price**





HISTORICAL MAYA SITES

TIKAL

Mayan Ruin | moderate - challenging

From the Belize-Guatemalan border, drive to the largest Mayan Site in Guatemala and the surrounding region. Discovered in 1848, Tikal underwent minor excavations beginning in 1877. Today, extensive excavations make it possible for guests to imagine what the majestic city was like during its peak period from 550AD to 900AD. Truly one of the wonders of the world, Tikal is a special experience you will never forget. Due to the location of Tikal, only certified Guatemalan tour guides are authorized to conduct tours of the Tikal site.

Tour departs: 7am, full day tour Drive time: 2.5 hours each way

What to wear/bring: Shorts, t-shirt, hiking shoes, hat, sunglasses, sunscreen, repellent, water (no food is allowed to cross the border), cash in US or BZ dollars for shopping at their extensive markets, Most importantly - don't forget your PASSPORT!!!

See Price







TIKAL OVERNIGHT TOUR

Mayan Ruin | moderate - challenging

Interested in a more relaxed way to enjoy the Majestic Tikal Park? How about an overnight trip?

Black Rock Lodge is proud to offer this tour in conjunction with Hugo Manuel, who provides a safe transfer and fascinating narrative on this beautiful Maya site. Accommodation is at Tikal Inn—within walking distance of the park.

The trip includes 3 different tours of Tikal National Park. After check-in Hugo will take you on a late afternoon visit to the small plazas and viewing flora and fauna. The next day follows with a full day tour of the site. That evening, you will be taken back to the park to view the amazing sunset from the top of temple 4 which normally ends with a night walk back to the hotel.

Your final day starts with an early rise at 4:30 am for another visit to the park to see the sunrise. It truly offers the best way of experiencing Tikal – flora, fauna and views! Visitors at the park at that time is limited ensuring a wonderful private experience. After breakfast your journey takes you back to Black Rock Lodge!

Tour departs: 7 am Age Limit: none

Drive Time: 2 hours each way What to wear/bring: See TIKAL

Remember your PASSPORT!!

Included: Transportation to and from the lodge, accommodation at Tikal Inn, all meals, 3 entries into the park, Guatemalan guide, border crossing fees and Belize exit fee.

See Price



YAXHA

Mayan Ruin | moderate - challenging

Rapidly gaining in popularity as a popular archaeological site in the region, Yaxhá is situated on the shores of the beautiful Yaxhá lagoon, home of Morelett crocodiles, and half-way between Flores and the Belize-Guatemalan Border. Yaxhá, which translates to Blue Green Water, sits between two beautiful lakes. The climb up many of its Temples yields beautiful views of both lakes and the Rio Azul River that feeds them. What makes Yaxhá so interesting is, that unlike Tikal, restoration of this site is still ongoing. As a visitor, being able to see the archaeologists work and to talk with them about the site gives one a greater appreciation of the accomplishments of the ancient Maya.

Tour departs: 8am, full day tour Drive time: 1.5 hours each way **What to wear/bring:** Shorts, t-shirt, hiking shoes, hat, sunglasses, sunscreen, repellent, water (no food is allowed to cross the border), cash in US or BZ dollars for additional fees, **PASSPORT See Price**

XUNANTUNICH

Mayan Ruin | easy - moderate

Located on the banks of the Mopan River. Board a small hand-cranked pontoon ferry to cross the Mopan River to Xunantunich (shoo-nan-too-nitch) which means Maiden of the Rock. In May 2016 archaeologists discovered an unusually large tomb within a pyramid. Beside the stairs leading to the tomb, they found three hieroglyphic panels that appear to be missing pieces from another site telling the story of the Snake Dynasty in Belize. Researchers found the tomb, which may be among the largest to be found in Belize. See Price



CAHAL PECH

Mayan Ruin | easy - moderate

On the outskirts of San Ignacio explore the architecturally diverse site of Cahal Pech (ka-hall pet-ch). Climb though the ruins, see examples of the "corbelled" arch (the Mayas version of the Roman arch), and view 2,000 year old red plaster still intact on the walls. See Price

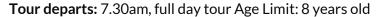


ANCIENT MAYA CAVE SITES

ACTUN TUNICHIL MUKNAL (ATM)

Adventure Activity | challenging

One of the most popular cave-adventure tours in Belize, and rated among the best in the world, Actun Tunichil Muknal Cave is a 45 minute jungle hike into the Tapir Mountain Nature Reserve. Explore Mayan burial chambers with calcified remains, (including the remains of a Maya Princess laid to rest centuries ago), ceremonial vessels, and numerous artefacts used by the Maya in their ritual ceremonies. Passage through this cave remains known to only to a few select highly trained and experienced guides who have permission from the Belize Department of Archaeology to take visitors into the cave. Truly an unforgettable adventure!



Drive Time: 1.5 hours each way

What to wear/bring: Shorts, t-shirt, hiking shoes OR water shoes, SOCKS, 1 set of dry clothes, beach towel, small backpack, US or BZ dollars for petty cash.



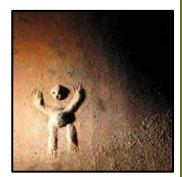
NO CAMERAS are allowed inside the cave. Use of sunscreen and insect repellent are strongly discouraged by the government authorities. Included: entry fees, equipment, lunch. <u>See Price</u>

CAVE ADVENTURES

CHE CHEM HA CAVE

Adventure Activity | moderate to challenging

This cave is situated in the remote upper area of the Macal River on the road heading towards Benque and is on private property owned by the Morales family. Access to the cave requires a 45 minute hike through farm trails providing the visitor with a very informative guided session on the trees, plants, and insect and bird life of the area. The cave itself is a maze of Mayan pottery filled chambers with large intact pots in various sizes. Cameras are welcome! We recommend lunch at the famous nearby Bennies Restaurant.



Tour departs: morning or afternoon, 3/4 day tour. Age Limit: 8 years old and above

Drive Time: 3/4 hours each way

What to wear/bring: Shorts, t-shirt, hiking shoes, sunglasses, sunscreen,

hat, repellent, US or BZ dollars for lunch. **Included:** entry fees and equipment

See Price



CRYSTAL CAVE

Adventure Activity | very challenging

Experience the most extreme cave adventure in Belize! Not for the faint-hearted, the Crystal Cave, also known as the Mountain Cow Cave will challenge your physical fitness and your spirit of adventure. Drive to the Blue Hole National Park, where the tour starts with a 50 minute hike through lush rainforest and partially steep terrain, considered challenging by most. Then descend by rope down a 15 foot drop into the mouth of the mammoth Crystal Cave where you will enter what the Mayans believed to be the domain of the gods – the underworld of Xibalba! Your expedition will take you through narrow passages to magnificent cathedral-like caverns as you move along rock faces and slide down mud ramps to view the shimmering stalactites & stalagmites, massive crystal formations, ancient ceremonial fire pits, pottery, relics, wall carvings, and actual skeletal remains of Mayan sacrificial victims. After our adventure in the Crystal Cave, we will hike back to the park facilities where we have the option of taking a refreshing swim in the cool waters of the inland Blue Hole, and enjoy a packed lunch. **NOTE:** This tour is challenging and requires a good level of fitness and physical ability.

Tour departs: 7.30am, full day tour Age Limit: 12 years old and above Drive Time: 2 hours each way

What to wear/bring: Long pants, t-shirt, hiking shoes, sunglasses, sunscreen, hat, repellent, US or BZ dollars for netty cash

Included: entry fees, equipment rental, lunch

See Price



BARTON CREEK CANOEING

Adventure Activity | easy

Arrive at Barton Creek Cave after an enjoyable drive across rivers, jungle trails, orange orchards, and along the Chiquibul Road through a picturesque Mennonite farm community. Hidden here are artifacts from the ancient Mayas, waiting to be explored in the watery underground caverns of Barton Creek Cave, which was a center for ancient rituals. Stretching up to two miles underground, this wonder is explored only by canoe. Drift along and marvel at the glittering stalactites and stalagmites, some 50 feet (15 m) in length. The Cave is littered with the eerie remains of human bones, centuries old clay pots, some in perfect form, and tiny remnants of cultural Maya artifacts.

Tour departs: morning or afternoon, 3/4 day tour. Age Limit: 8 years old and

above

Drive Time: 3/4 hours each way

What to wear/bring: Shorts, t-shirt, hiking shoes, sunglasses, sunscreen,

hat, repellent, US or BZ dollars for lunch. **Included:** entry fees and equipment

See Price





CAVE TUBING - NOHOCH CHE'EN

Adventure Activity | moderate - challenging

Experience the wonders of the jungle, the Caves Branch River and its extensive cave system as you float on inner tubes with only your headlamp to light your way. Glide past entrances from above, filtering mists of jungle light, as you float through an underground river caves sparkling with mica-studded stalactites and stalagmites filled with 1,000-year-old pottery shards, statues of fertility gods and Mayan footprints.

Continue past an underground waterfall leading into the "Crystal Cathedral", a spiritual place used by the ancient Maya. Some underground hiking and jungle trekking is required.

Tour departs: 8.30am

Age Limit: 8 years old and above Drive

Time: 1.5 hours each way

What to wear/bring: Shorts, t-shirt, hiking shoes, sunglasses, sunscreen, hat, repellent, US or BZ dollars for lunch. Included: entry fees and equipment

See Price



JUNGLE PONTOON TRIP

Adventure Activity | moderate

A secret piece of paradise awaits you!

Board the Jungle Pontoon and let her be your guide as you are given the rare opportunity to become part of mother-nature's environment without hurting her or the wildlife that makes this beautiful lush forest their home. Hidden behind the vast green array of trees and birds, beyond the beckoning of the howler monkeys' laugh, visit a world unseen... At the heart of the Mystical Maya Mountains, your Jungle Pontoon experience awaits! This journey on the river will be



ex- citing and unforgettable. Enjoy a gentle drift on-board the pontoon as she navigates the calm waters, cutting a course through the mountains that were carved by the river itself. Your guide will lead you to meet three beautiful waterfall destinations, each one different and more unique. In the past, many have enjoyed showering under the majestic waterfalls and in the crystal pools of mystery shortly after a delicious picnic at the water's edge. A traditional lunch of BBQ chicken is served on the pontoon by the crew. A fantastic day of adventure for the entire family.

If you wish to take a cooler of drinks—our bar will be happy to stock and provide one.

Minimum: 2 persons

See Price

INLAND BLUE HOLE & ST. HERMAN'S CAVE

Sights | easy

After breakfast, depart from Black Rock Lodge and drive along the beautiful Hummingbird Highway to the Blue Hole National Park. Hike through jungle and into St Herman's Cave. Continue to the Inland Blue Hole. The Inland Blue Hole is an artesian well with azure crystalline water flowing to the surface. Enjoy a cool and revitalizing swim.

Due to the distance we recommend combining this tour with a visit to Belize Zoo or combining it with a transfer to Hopkins / Placencia. See Price



NATURE AND CULTURE

Any of the activities below can be done as stand-alone tours, add-ons or can be added together to create your own customized tour. Please ask the tour desk for rates.

BELIZE BOTANICAL GARDENS

Sights | easy

Do you have green fingers? Interested in Medicinal plants? The Belize Botanical Gardens are just 20 min away. Learn about the amazing indigenous plants of Belize by sight, taste, touch and smell. There are two miles of trails to experience a variety of native and exotic fruits, palms, hardwoods, ornamentals and more delights of the world's tropics. You can go at your own pace with a self-guiding booklet or let one of the well –informed garden guides take you on a guided tour. Get there by road, horseback, or canoe!! See Price





MARKET DAY (SATURDAYS ONLY)

Sights | easy

Start your Saturday morning at the San Ignacio Market. Rural farmers and townsfolk descend on the market square every Saturday, making it a great chance to experience the local culture up close. From Mennonites selling local cheese, to medicine men selling herbal cures – you will see it all! Combine this with a horseback ride or canoe trip! See Price





AJAW CHOCOLATE TOUR

Sights | easy

The Food of the Gods - CHOCOLATE! According to archaeologists, the Maya were making chocolate from before 2500BC! It is hard to believe how a bitter hard shelled tropical fruit can become such a luscious treat. Now you can visit a Maya family in San Ignacio and learn about the culture, the tradition and the process. Learn to make your own chocolate from the bean. Duration is about 2 hours. See Price





GREEN IGUANA PROJECT

Sights | easy

The Green Iguana Conservation Project is a highly interactive exhibit that aims to conserve and educate visitors about the Green Iguana and its role within the river habitat in Belize. You will a chance to get up close and personal with these fascinating reptiles, and learn more about them. Duration is about 1-1.5 hours. See Price



SAN ANTONIO WOMEN CULTURAL GROUP

Sights | easy

The San Antonio Women's Group still makes ceramics by hand. It is a time-consuming process requiring great concentration and precision. They will demonstrate how this is done using the "coil method" and guests will be able to try their hands at creating something of their own. Following this, help to prepare your lunch by learning to make corn tortillas on a traditional fire hearth. Hear about the process of grinding the fresh corn and transforming it into the "masa" or dough that you will be forming into the tortillas. While the women finish preparing lunch, walk the rest of the property and learn about the sustainable processes used to fire the ceramic kilns and sustain an organic garden. See Price







BLUE MORPHO BUTTERFLY FARM

Sights | easy

Located at Chaa Creek, this is a great combo with canoeing. The Blue Morpho Butterfly Farm continues to be a major attraction as people marvel at the splendid iridescent wings of these magnificent butterflies. The "Belizean Blue" can be observed during every stage of their life cycle with a fascinating talk on the changes that this magnificently dazzling creature goes through. See Price

ZIPLINING at CALICO JACK'S

Adventure Activity | moderate - challenging

Take a wild ride through jungle canopy at Calico Jack's. There are 4 levels of tours offered, from a 20 minute express tour to a 2 hour explorer tour. The aerial tour begins above the forest floor. Secured by a body harness and protected with helmet and gloves, you will be attached to a steel cable and travel zip lines between separate tree platforms. This is an exhilarating experience with spectacular views and perspective you won't get elsewhere.

Tour departs: morning or afternoon, ½ day tour Age Limit: 3 year old and above

Drive Time: 1.45 hours each way

See Price

TOUR RATES

All rates include guide, entry fee, and equipment rental, return transfers from and to Black Rock Lodge. Not included: lunch (except where indicated) and certain activities or fees, 12.5% GST. Solo travelers will be given every possible assistance to share tours and thereby reduce tour rates. Options are available to combine certain tours at reduced costs- please inquire.

NOTE: TOUR RATES ARE SUBJECT TO CHANGE, PLEASE CHECK OUT OUR WEBSITE FOR **UPDATED RATES**.

ON-SITE TOUR RATES

Tours	Min. 2 pax	3 plus	Notes
Birding - Morning @ 6.30 For 1.5 Hrs	\$20	\$20	
Canoeing To San Ignacio	\$95	\$75	Water levels dependent
Canoeing To Sweet Songs/Chaa Creek	\$65	\$55	Water levels dependent
Night Drive	\$30	\$30	
Night Hike	\$20	\$20	
River Tubing	Complimentary		Water levels dependent
River Tubing With Guide	\$20	\$20	Water levels dependent
Sustainability Tour	Complimentary		

OFF-SITE TOUR RATES

Tours	Min 2 pax	3 plus	Notes
Ajaw Chocolate Tour	\$75	\$50	
ATM	\$130	\$130	Includes lunch
Barton Creek	\$100	\$85	
Barton Creek & Green Hills Butterfly Farm	\$150	\$120	
Barton Creek & Zipline At Calico Jack's Village	\$150	\$120	Excludes zipline fee
Barton Creek & Xunantunich	\$155	\$115	
Belize Botanical Gardens	\$65	\$45	
Belize Zoo	\$130	\$75	
Birding - El Pilar & Spanish Lookout	\$100	\$100	
Blue Hole & St. Herman's Cave	\$115	\$80	
Blue Morpho Butterfly Farm	\$65	\$45	

Cahal Pech	\$75	\$50	
Cahal Pech & Xunantunich	\$130	\$85	
Caracol	\$115	\$80	
Cave Tubing & Ziplining @ Nohoch Ch'en	\$185	\$145	
Cave Tubing @ Nohoch Ch'en	\$80	\$65	
Che Chem Ha Cave	\$100	\$85	
Community Baboon Sanctuary	\$105	\$75	
Crystal Cave & Blue Hole	\$155	\$95	
Green Hills Butterfly Farm	\$85	\$65	
Green Iguana Project	\$40	\$25	
Hiking - Guided (Flourcamp, Summits, Vista Loop etc.)	\$30	\$30	
Hiking - Unguided	Complimentary		
Jungle Pontoon Trip	\$160	\$100	Lunch included
Market Day (Only Saturdays)	\$60	\$45	
Mountain Pine Ridge	\$120	\$105	
San Antonio Women Cultural Group	\$110	\$90	
Tikal	\$185	\$145	Add \$20 Departure Tax. Lunch included
Tikal Overnight Tour	\$540		\$20 Departure Tax PP Room. breakfast and dinner included
EP National Park Guided Hike	\$50	\$40	
Xunantunich	\$75	\$50	
Yaxha & Tikal	\$220	\$180	Add \$20 Departure Tax. Lunch included
Yaxha	\$185	\$145	Add \$20 Departure Tax. Lunch included
Zipline @ Calico Jack's	\$95	\$65	Excludes zipline fee